



FOODSTORE

Unit 3/47 Lawson Crescent
Coffs Harbour 2450

Ph **0413 182 053** Andrew

Monday, Tuesday & Thursday

9.30am - 12.00am & 2.00pm - 4.30pm

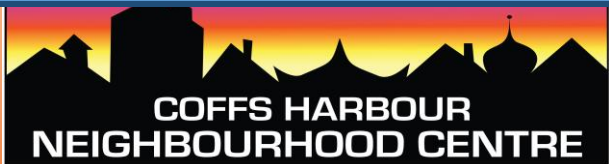
Friday 9.30am - 12.00pm

- Provide low cost food
- Bus pick up service for shopping \$5.00 return trip - 24 hours notice required
- Clothing, whitegoods, swags, blankets and furniture available after interview
- Financial counselling, budgeting and JP's available
- Health care or pension card required
- Visit our website www.alc.net.au/foodstore

FRIENDS OF THE FAMILY - OUTREACH SERVICE

Phone **6653 3419** Tuesday- Friday

Food parcels and home support for families



22 Earl Street, Coffs Harbour (behind Coles)

Phone **6648 3694**

Monday - Friday 9.00am - 4.00pm

Showers and personal packs, swags

Information, referrals, free phone use

REAP bread delivery Mon - Fri

Free computer use, tax help, legal advice, counselling, NILS (No Interest Loans) outreach.

Free lunch - 7 days a week.



Coffs Harbour Uniting Church

SOUP KITCHEN

Uniting Church Hall, Vernon Street, Coffs Harbour.

FREE lunch Monday – Friday 12.30 to 1:30pm.

FREE morning tea Fridays 11:15am then lunch.

Closed Public Holidays. Phone **6652 7044**

Email: ucacoffs@optusnet.com.au

Christmas Hampers, clothing and blankets

Legal Aid Outreach 11am-1pm Tuesdays.

BAPTIST CHURCH

Free BBQ lunch

Rotary Park, Coffs Harbour

Saturday 12.00pm

COMMUNITY CAFÉ

Abundant Life Church

1/47 Lawson Cr, Coffs Harbour

Free Sunday lunch 1pm – 2pm

For any changes or updates to this brochure contact:

COFFS HARBOUR NEIGHBOURHOOD CENTRE

22 Earl Street, Coffs Harbour 2450

Ph **6648 3694** or email coordinator@chnc.com.au

Breaking Bread



*Welfare
Assistance
Directory
Coffs Harbour*

Other services or resources may be offered in other locations
Information and conditions are subject to change without notice

Information is considered correct as of the 12/08/2016

Garry Farrell established Breaking Bread on the 1-6-12.

We acknowledge his contribution



Community
Care Options

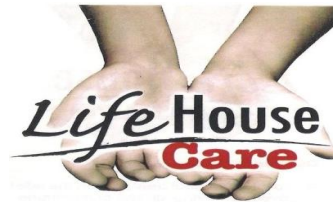
20 Curacoa Street, Coffs Harbour 2450

Ph **6650 2000** to book appts Monday-Friday

Coffs Harbour appointments -

Available Tuesday and Thursday

- Family and Individual hardship relief
- Other crisis assistance after interview
- Help with forms and budgeting
- Current Centrelink, ATM printout & I.D required
- Appointments also available in Urunga on Mondays and Woolgoolga on Wednesdays



12 Earl Street, Coffs Harbour 2450

Ph **6652 3116** for an appointment

Monday – Friday 9.00am - 3.30pm

WELFARE ASSISTANCE

- Food assistance
- Swags / Blankets
- Clothing & furniture assistance
- Telstra Vouchers & Electricity Vouchers
- Counselling
- Family and individual hardship relief
- Current Centrelink income statement and personal identification required



St Vincent de Paul Society
good works

6 Scarba Street, Coffs Harbour 2450

Ph **6650 0172** between 8.15-9.15am for appointments from 9am – 11am on Monday, Wednesday and Friday

WELFARE ASSISTANCE (by appointment only)

- Food assistance / Christmas Hampers
- IGA, Coles, EAPA and Telstra vouchers
- Referrals to other agencies
- Current Centrelink income statement and personal identification required
- Pharmacy script assistance
- Loaves and Fishes vouchers

The Salvation Army



40 Mastracolas Road, Coffs Harbour 2450

Open Monday, Wednesday, Friday 9.00am – 12.30pm

- Drop in for a drink, a meal or computer use
- Clothing, swags, Telstra and electricity vouchers
- Budgeting advice
- Shower

WELFARE ASSISTANCE

If you find yourself in financial crisis and require financial or material assistance, please call the Salvos assistance line on **1300 371 288**

Life House Pantry

Life House
CARE

Provides assistance to low income earners by providing food for a small service fee

A current healthcare or pension card required

Coffs Harbour – 224 Harbour Drive

Tuesday 10.00am to 12.00pm

Toormina – 4 Minorca Place

Thursday 10.00am to 12.00pm



**Bridging The Gap
Mens' Resource Centre**

*Helping Men and Their Families
in the Coffs Harbour Region*

Toormina Community Centre

171 Toormina Rd, Toormina 2452

**Tuesday, Wednesday and Thursday between
9.00am – 3.00pm**

Ph: 5606 2145 or 0401 130 683

- Electricity vouchers
- Help with budgeting and forms including WDOs