



### FOODSTORE

Unit 3/47 Lawson Cres Coffs Harbour

Ph Russell on **0413 182 053**

Monday, Tuesday & Thursday

9.30am - 12.00am & 2.00pm - 4.30pm

Friday 9.30am - 12.00pm

- Provide low cost food
- Bus pick up service for shopping \$5.00 return trip - 24 hrs notice required
- Clothing, whitegoods, swags, blankets and furniture available after interview
- Financial counselling, budgeting and JP's available
- Health care or pension card required
- Visit our website [www.alc.net.au/foodstore](http://www.alc.net.au/foodstore)

## Free Meals in Coffs - 7 Days a Week



Coffs Harbour Uniting Church

### SOUP PLACE

Uniting Church Hall, Vernon Street, Coffs Harbour.

**FREE** lunch Monday – Friday 12.30 to 1:30pm.

#### Takeaway meals only

Closed Public Holidays. **Phone 6652 7044**

Email: [ucacoffs@optusnet.com.au](mailto:ucacoffs@optusnet.com.au)

# Breaking Bread

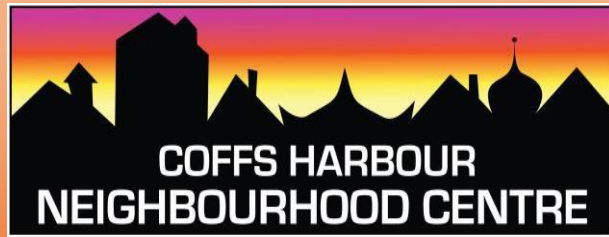


## *Coffs Essentials*

## *Coffs Harbour Directory*

Other services or resources may be offered in other locations. Information and conditions herein are subject to change without notice and are considered correct as of the **01/05/2020**

Garry Farrell established Breaking Bread on the 1-6-12. We acknowledge his contribution



22 Earl Street, Coffs Harbour (behind Coles)  
Phone **6648 3694** - Email [info@chnc.com.au](mailto:info@chnc.com.au)

Doors open - Mon - Fri 9am - 1pm

1pm-4pm knock, ring or email

for support, info/referrals,

blankets etc, **OZHARVEST** food delivery

Free computer/internet & phone use,

Free legal advice & counselling by phone.

Wesley Mission Emergency Relief online applic:

[www.wesleymission.org.au/emergencyrelief](http://www.wesleymission.org.au/emergencyrelief)

### BAPTIST CHURCH

Free BBQ lunch

Rotary Park, Coffs Harbour Saturday 12.00pm

### DOOR OF HOPE COMMUNITY CAFÉ

Abundant Life Church

1/47 Lawson Cr, Coffs Harbour Free Sunday lunch

1pm till 2pm

**Closed School Holidays**

For any changes or updates to this brochure

contact:

**COFFS HARBOUR NEIGHBOURHOOD CENTRE**

22 Earl Street, Coffs Harbour 2450

Ph **6648 3694** or email [coordinator@chnc.com.au](mailto:coordinator@chnc.com.au)



Appointments available Tuesdays and Fridays-phone for appt: 6651 1788 (Mon-Fri)

- Food Vouchers
- Financial Wellbeing Service
- Budgeting and other financial tools
- I.D., bank & Centrelink statement



## Coffs Harbour & District LALC

301-325 Pacific Hwy (Wongala Estate)

Monday- Fridays 8:30am-4:30pm

Ph: 6652 8740 for phone appointments

- Provides Aboriginal Community support & referrals
- Electricity bill assistance (EAPA) (Weds Morn only)

## The Salvation Army

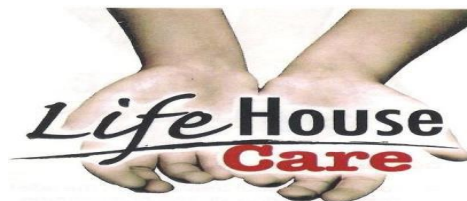
40 Mastracolas Road, Coffs Harbour

- Is closed due to COVID



Please call the Salvos line on **1300 371 288**

Open Monday, Wednesday, Friday 9.00am – 12.30pm



12 Earl Street, Coffs Harbour 2450

Ph **6652 3116**

for a phone appointment

Mon/Tues/Wed/Thurs 9-1pm

- Food assistance/pantry vouchers
- Medication costs
- Clothing & furniture assistance
- Telstra Vouchers & Electricity Vouchers
- Family and individual hardship relief
- Centrelink statement and I.D required

### LifeHouse Pantry

Providing food for a small fee

Coffs Harbour – 169A Orlando St. Ph: 6658 0055

Tuesdays 10.00am to 12.00pm

Toormina – 4 Minorca Place

Thursdays 10.00am to 12.00pm

Woolgoolga – 8 Nightingale St

Tuesday 10.00am – 12.00pm HCC PCC Card



### Bridging The Gap

183 Rose Ave, Coffs Harbour

Tues – Thurs 9am-3pm

All services by appointment only

Phone: 5606 2167

- Electricity Vouchers, Swags (if available).
- Forms, Advocacy and Counselling
- Food



St Vincent de Paul Society  
*good works*

6 Scarba Street, Coffs Harbour 2450

Ph **6650 0172** from 8.15am for appointments from 9am – 11am on Wednesday and Friday

ASSISTANCE (by phone appointment only)

- Food vouchers
- EAPA and Telstra vouchers
- Pharmacy script assistance
- Referrals to other agencies
- Current Centrelink income statement and personal identification necessary

## PETE'S PLACE

Monday – Thursday 8.30am – 1.30pm

Fridays 8:30 – 11:30am

22 Earl Street (behind Coles) 0438 931 201

Supporting people experiencing homelessness or at risk of homelessness

- Shower and toilet facilities
- Free community laundry including washers and dryers

### FRIENDS OF THE FAMILY - OUTREACH SERVICE

Phone: 0448 768 165

Email: fofinc20@gmail.com

Food parcels delivery for families in Coffs, Toormina, Sawtell & Boambee areas