



FOODSTORE

Phone: 0413 182 053 (to speak with Russell)

Address: Unit 3/47 Lawson Cres Coffs Harbour

Open: Monday, Tuesday & Thursday 9.30 am - 12.00 pm and 2:00 pm - 4:00 pm. Friday 9.30am - 12.00pm

- Provide low cost and free food
- Financial counselling, budgeting and JP's available
- Health care or pension card required
- Visit our website at: www.alc.net.au/foodstore



Open: **Monday - Friday, from 9:00 am - 4:00 pm**

Phone: **6648 3694** | Email: info@chnc.com.au

Visit the Centre, phone or email for Support, Information, Referrals & Blankets

- **OZHARVEST food delivery: Monday - Friday**
- Free computer, Internet & phone use
- Free legal advice Thursdays by phone
- Free counselling Wednesdays
- Wesley Mission Emergency Relief online application: www.wesleymission.org.au/emergencyrelief

~ **DONATIONS ARE KINDLY APPRECIATED** ~

22 Earl Street, Coffs Harbour

FREE MEALS 7 DAYS A WEEK Coffs Harbour



Coffs Harbour Uniting Church

SOUP PLACE

Uniting Church Hall
Vernon Street, Coffs Harbour

FREE LUNCH: 12.30 pm - 1:30 pm | Monday - Friday

Closed Public Holidays

Legal Aid - Tuesdays

Takeaway meals only

Phone: **6652 7044**

Email: ucacoffs@optusnet.com.au

BAPTIST CHURCH

Rotary Park, Coffs Harbour

Free BBQ lunch on Saturday 12:00 pm

COMMUNITY UNION DEFENCE LEAGUE

Free Sunday feed 3.00pm – 6.00pm Rotary Park

For any updates to this brochure contact:

COFFS HARBOUR NEIGHBOURHOOD CENTRE

22 Earl Street, Coffs Harbour NSW 2450
Phone: **6648 3694** | Email: coordinator@chnc.com.au

BREAKING BREAD



Essential Support

Coffs Harbour Directory

Other services or resources may be offered in other locations. Information and conditions herein are subject to change without notice and are considered correct as of the 08.11.2021

Garry Farrell established Breaking Bread on the 01.06.2012
We acknowledge his contribution



Phone for an appointment

6651 1788 | Monday – Friday 9.00 am – 4:30 pm

Face to face & phone appts Tuesday & Friday

- Food vouchers
- Links to other financial support
- Budgeting and other financial tools
- ID Bank and Centrelink statements



Coffs Harbour & District LALC

301-325 Pacific Hwy (Wongala Estate)

Monday – Fridays | 8:30 am - 4:30 pm

Phone: **6652 8740** for phone appointments

Aboriginal Community Support & Referrals
Electricity bill assistance (EAPA) Weds and Thurs
morn only)

The Salvation Army

40 Mastracolas Road, Coffs Harbour
Welfare service: **Fridays 9:am -12:30pm**



The Salvos line **1300 371 288**

Open Monday to Friday 9:00am – 5.00pm

- Food vouchers
- Furniture support
- Doorways Financial Support



12 Earl Street, Coffs Harbour 2450

For an appointment:

Phone 6652 3116

9:00 am – 3:00 pm | Mon to Fri

- Food assistance/pantry vouchers
- Medication costs
- Clothing & furniture assistance
- Telstra Vouchers & Electricity Vouchers
- Family and individual hardship relief
- Centrelink statement and I.D required

LifeHouse Pantry

Provide food for a small fee

Coffs Harbour – 169A Orlando St. Ph: 6658 0055

Tuesdays 10:00 am – 12:00 pm

Toormina: 4 Minorca Place

Thursdays 10:00 am – 12:00 pm

Woolgoolga: 8 Nightingale St

Tuesday 10:00 am – 12:00 pm (HCC/ PCC Card)



BRIDGING THE GAP

183 Rose Ave, Coffs Harbour

Tues, Wed, Thurs | 9:00 am - 3:00 pm

Phone: **5606 2167**

- Electricity Vouchers, Swags (if available).
- Forms, Advocacy and Counselling
- Clothes and Food parcels
- Work and Development Orders
- Free breakfast and lunch (Tues, Wed and Thurs)



St Vincent de Paul Society
good works

6 Scarba Street, Coffs Harbour 2450

Phone: 6650 0172

9.00am – 9.45am Monday, Wednesday & Friday mornings

For an appointment on that day:

(Assistance is by phone appointment only)

- Food Vouchers
- Telstra Vouchers
- Pharmacy Prescription Assistance
- Referrals to other agencies
- Centrelink Income Statement & I.D. required

PETE'S PLACE

8.30 am – 1:30 pm (Monday – Friday)

22 Earl Street (behind Coles) | Phone: **0438 931 201**

Supporting people experiencing homelessness or at risk of homelessness

- Free professional inreach services – medical & legal
- Shower & toilet facilities
- Free community laundry (wash machines & dryers)
- Breakfast, Advocacy, Support & Referral

FRIENDS OF THE FAMILY | OUTREACH SERVICE

Phone: **0448 768 165**

Email: fofinc20@gmail.com

Food parcels delivery for families in Coffs, Harbour, Toormina, Sawtell & Boambee areas