

VoiceUp Australia

COFFS HARBOUR
NEIGHBOURHOOD CENTRE

Support for survivors of childhood trauma

ABOUT US

VoiceUp Australia is an adult self-support group for, with and about survivors of childhood sexual abuse, neglect, and violence in all its forms.

It is a volunteer-run project of Coffs Harbour Neighbourhood Centre.

Our focus is speaking up, exploding myths and raising awareness.

We are committed to activities around **Prevention, Support, Education, Advocacy.**



Need 24/7 support? ☎ 1800 737 732

VoiceUp Australia acknowledges the pain and suffering of survivors of childhood abuse and remembers those who have not survived.



Coffs Harbour Neighbourhood Centre acknowledges the traditional custodians of this land, the Gumbaynggirr people and pay respects to their Elders past and present.

OUR GROUP

- Provides a safe space for survivors and their supporters
- Promotes healing and recovery for people living with effects of abuse
- Works towards understanding intergenerational trauma
- Creates a culture where survivors are supported to speak up safely
- Raises community awareness and actions around child abuse and trauma

WE ACKNOWLEDGE


- People are abused in a range of settings including families, neighbourhoods, communities and institutions.
- Stressors and symptoms vary between survivors and across the lifespan.
- Our lived experience always matters and there is hope for healing.


CONTACT US

Mon - Fri 9am-4pm

 Community Village
22 Earl Street Coffs Harbour

 (02) 6648 3694

 support@voiceupaustralia.com.au

 facebook.com/VoiceUpAustralia



Ask us.

Our support group is here to assist and support you.



Scan the QR code to visit our website

chnc.com.au